**Moo of Writing: a guide for creative writers, second edition**

Author bio

Nan Lundeen is a poet, award-winning journalist, and writing workshop facilitator. She has published three poetry collections: *Gaia’s Cry, The Pantyhose Declarations, and Black Dirt Days: Poems as Memoir,* which was a finalist in theU.S. 2016 National Indie Excellence Awards for poetry*.* She was a finalist in the Yemassee Literary Journal’s 2010 Pocataligo poetry contest. The Morris Museum of Art at Augusta, GA, awarded her poem “The Catawba” honorable mention in the 2012 Porter Fleming Literary Competition. “The Catawba” was nominated for a Pushcart Prize in 2014. Her poetry took Honorable Mention in Concrete Wolf’s 2016 chapbook competition. Her work has been published in numerous literary journals. She holds a master’s in communication from Western Michigan University. Visit her at [www.nanlundeen.com](http://www.nanlundeen.com).